


# P&O CRUISES GOODTIMES

 10°C - 12°C, PARTLY CLOUDY, STRONG BREEZE | TONIGHT'S DRESS CODE: DISCO DIVAS & FUNKY FELLAS | SUNRISE: 6.54AM | SUNSET: 5.13PM

## From the Bridge

The Bridge Team keeps watch around the clock, every day of the year, ensuring your voyage is smooth and safe. This dedicated crew comprises three senior officers and three junior officers, supported by six skilled helmsmen, all organized into three watchkeeping teams. Each team—consisting of one senior officer, one junior officer, and two helmsmen—rotates through a four-hour watch followed by eight hours off-duty. Duties also include everything from meticulous voyage planning and safety equipment maintenance to navigation, lifesaving protocols, and essential crew training and drills.

## From Guest Services

### SYDNEY MORNING, WHAT TO EXPECT

While your 10 out of 10 cruise is far from over, we would like to share some information as we sail back to Sydney. Keep an eye out for a Disembarkation flyer containing important details that has been delivered to your room.

Take a moment to review the information provided. Disembarkation is scheduled to begin after approximately 7:15AM, with completion expected around 9AM.

### MOBILITY (WHEELCHAIR) ASSISTANCE

If you haven't already, please register for assistance during disembarkation at Guest Services on Deck 6. To disembark, meet at the Blue Room on Deck 7 Midship. Please note that our staff are unable to assist with luggage or personal items.

### MONEY MATTERS

#### Self-Service Kiosk Decks 5 & 6 Midship

You can check your account balance in the P&O Cruises app by selecting "Account" or on the Self-Service Kiosk. Make sure you settle your cruise account at the Self-Service kiosk on Deck 5 or 6 for a smooth disembarkation. A copy of your final statement will be emailed within 48 hours.

- If you registered a credit or debit card, there is no need to visit the kiosk, unless you have a remaining cash balance, including credit pre-purchased in Cruise Control.
- If you have a cash account (including any unused credit pre-loaded via Cruise Control or refundable Onboard Spending Money) or have topped up your account with cash or Eftpos, you will need to select the "Finalise Account" option on the kiosk.

This will provide a cash refund or will allow you to make payment if you have an outstanding balance owing. **Remaining funds on onboard accounts must be cashed out prior to disembarking.**

### IMPORTANT NOTICE TO CASINO PLAYERS

Please visit the Casino Cash Desk from 10.30PM to collect your winnings/funds before the Casino closes this evening as outstanding funds cannot be returned to your onboard account.

## Good to Know

### RECOGNITION FOR YOUR 10 OUT OF 10 CREW

Our dedicated team comprises individuals hailing from 40 different countries, and we embrace the diverse that bring us together as a close-knit 'ship' family. From the moment you boarded, you became part of our extended "ship" family. To recognize our exceptional crew, is quite simple, you will receive a post-cruise email to share your experience. Please mention any crew member who provided a 10 out of 10 experiences. Your feedback is crucial for career development and our employee recognition program, with past winners showcased at the Ocean Bar on Deck 7. Our friendly crew is always here to assist you, committed to ensuring that your cruise experience is truly a memorable escape of the everyday.

### FANCY A DRINK

Our bartenders love to make fancy cocktails when you want them. But because we're committed to the Responsible Service of Alcohol it means there may be times when we consider it appropriate to refuse the service of alcohol. In accordance with this policy, alcohol will not be served to persons who are behaving in a disorderly manner; guests under 18 years of age will not be served or supplied alcohol nor are they to consume alcohol. Photo identification may be requested.

### CREW DRILL

At around 4:45PM today, some of our crew is exercised in their emergency duties. During this exercise you may hear various alarms and announcements. If they are accompanied by the words 'For Exercise', no action is required by our Guests.

## Quote of the Day

**LIFE IS LIKE A DISCO BALL,  
NO MATTER HOW THE MUSIC CHANGES,  
YOU KEEP DANCING**

## Today's Must Do's

### 7AM DAILY OLYMPIC HIGHLIGHTS

Cabin TV on Channel 32 - Special Events (Reception Permitting)

### BLACK CIRCUS BOX OFFICE\*

**9AM - 11AM, 1PM - 3PM & 5.30PM - 7PM**

Box Office Deck 7 Forward

Exclusive to P&O Australia Strut n Fret presents Blanc de Blanc Uncorked the cruise ship première! Spaces are limited so please get booked in quickly!

Please note this show are R18+ and contain adult content.

### 2PM 70'S MURDER MYSTERY

Black Circus Deck 7 Aft

Join The Entertainment team for their melodramatic musical murder mystery trivia as you try and solve the crime. Who did it? Lets find out.

### 4PM GAMESHOW: DISCO BINGO

Black Circus Deck 7 Aft

Join your cruise director abbie and her team as they bring back the disco era with a fun game show.

DON'T Miss

# BLANC — de — BLANC UNCORKED

THE SHOW THAT POPS, FIZZES AND BANGS!

(R18+)

Doors open at 7.15PM. \*Tickets required

8PM

BLACK CIRCUS | DECK 7 AFT  
(FINAL SHOW)





7AM



12PM



3PM

## Ahoy cruiseling!

### MEDICAL CENTRE DECK 4 MIDSHIP

Sea days: 9AM-12PM & 3PM-6PM

CALL 000 IN AN EMERGENCY.

To maintain a healthy and hygienic environment, we kindly ask you to wash your hands frequently and thoroughly with water and soap for at least 20 seconds.

All outdoor activities are weather permitting. \*Fees apply

7

AM

**7AM - 9.30PM FITNESS CENTRE/GYM** Opening Hours  
Deck 15 Forward

**7AM DAILY OLYMPIC HIGHLIGHTS**  
Cabin TV on Channel 32 - Special Events (Reception Permitting)

**7AM ABS CLASS**  
Fitness Centre Deck 15 Forward

**7.30AM MORNING STRETCH**  
Fitness Centre Deck 15 Forward

8

AM

**8AM PURE FORM YOGA\***  
Fitness Centre Deck 15 Forward

9

AM

**9AM SPORTS: WALK-A-MILE WITH AAKASH**  
Meet Under The Big Screen, Deck 15

**9AM MORNING TRIVIA**  
Adventure Hotel Deck 7 Midship

**9AM RYDE INDOOR CYCLING\***  
Fitness Centre Deck 15 Forward

**9AM - 11AM BLACK CIRCUS BOX OFFICE\***  
Box Office Deck 7 Forward  
Exclusive to P&O Australia Strut n Fret presents Blanc de Blanc Uncorked the cruise ship premiere! Spaces are limited so please get booked in quickly!.\*  
Please note these shows are R18+ and contain adult content.

**9.45AM 70'S VISUAL TRIVIA**  
Adventure Hotel Deck 7 Midship

10

AM

**10AM - 5PM TWIN RACER WATER SLIDES**  
Deck 16 Midship

**10AM P&O EDGE LASER TAG\***  
Altitude Deck 18 Aft  
Conquer the Pacific Adventure! Two teams battle it out with our Laser Tag challenge! Visit P&O Edge. (Prebooking Encouraged at Edge Shop deck 16)

**10AM SPORTS: ADULTS GOLF HOLE IN ONE CHALLENGE**  
Deck 15 Aft Portside

**10.15AM HOT STUFF DANCE CLASS WITH TOM & SAM**  
Adventure Hotel Deck 7 Midship

**10AM AGE-WELL SEMINAR - GO HOME LOOKING TEN YEARS YOUNGER**  
Elemis At Sea Deck 15 Forward  
Combatting wrinkles, facial volume and the perfect pout at any age.

**10.15AM CRUISE DIRECTORS MORNING TEAM TRIVIA**  
Black Circus Deck 7 Aft  
Join your Cruise Director Abbie for a morning team trivia with a twist, NOT to be missed! A trivia for the 'not so bright'.

**10.30AM KALLATI LAB GROWN DIAMOND SEMINAR**  
Clifton Fine Jewellery Deck 7 Midship  
Discover the art of 100% real, cultured diamonds.

**10.30AM WELLBEING SERIES - RELIEVING BACK PAIN**  
Blue Room Deck 7 Aft  
Sore feet, knees, hips and back? Join us for this complimentary seminar.

**10.30AM PORTRAIT RAFFLE**  
Imagestudio Deck 7 Aft  
Win your portraits! Bring last night's stamped raffle ticket to enter.

11

AM

**11AM WELLBEING SERIES, RELIEVING ARTHRITIS**  
Elemis At Sea Deck 15 Forward  
Discover effective relief through Chinese herbs and acupuncture.

**11AM WINE ACADEMY\***  
Angelo's Restaurant Deck 6 Midship

**11AM SPORTS: ADULTS TABLE TENNIS TOURNAMENT**  
Magrodome Deck 15 Midship

### 11AM WHATS IN THE BAG

Adventure Hotel Deck 7 Midship

### 11AM TEENS' MINI OLYMPICS

Basketball Court, Deck 18 AFT

### 11.30AM COCKTAIL MASTER CLASS\*

Luke's Bar Deck 6 Forward

Booking on your App or in the Luke's Bar - Limited space

### 11.45AM WELLBEING SERIES - SECRETS TO A FLATTER STOMACH

Blue Room Deck 7 Aft

Discover the secrets with our wellness team at this seminar.

### 11.45AM FAMILY SHUFFLEBOARD TOURNAMENT

Deck 15 Aft Portside

12

PM

### 12PM DAILY OLYMPIC HIGHLIGHTS

Big Screen Deck 15 Midship (Reception Permitting)

### 12PM P&O EDGE FLYING FOX WITH VIEWPOINT VIDEO\*

Edge Deck 16 Midship

Soar to new heights on our Flying Fox and capture unforgettable moments with our brand new View Point camera system. (Prebooking Encouraged)

### 12PM SPEED SUDUKO CHALLENGE

Adventure Hotel Deck 7 Midship

### 12.15PM WORD GAMES CHALLENGE

Adventure Hotel Deck 7 Midship

1

PM

### 1PM POT LUCK 70'S KARAOKE

Adventure Hotel Deck 7 Midship

### 1PM SUNSHINE SOUNDS WITH DJ DISCOLORO

Lido Deck 14 Midship

### 1PM BIRTHSTONE SEMINAR

Clifton Fine Jewellery Deck 7 Midship

Learn about all the birthstones - special discounts for all our July stone, rubies!

### 1PM - 3PM BLACK CIRCUS BOX OFFICE\*

Box Office Deck 7 Forward

### 1PM P&O EDGE TITANIC EXPERIENCE\*

Deck 9 Forward

Are you looking for that picture-perfect moment? Walk through crew only areas to re-enact the famous scene of the Titanic with your loved one. (Prebooking Essential at Edge Shop Deck 16)

### 1.30PM 70'S SUNSHINE TUNES WITH DJ DAN ABSENT

Oasis Deck 14 Aft

### 1.30PM COCKTAIL MASTER CLASS\*

Luke's Bar Deck 6 Forward

Booking on your App or in the Luke's Bar - Limited space

2

PM

### 2PM 70'S MURDER MYSTERY

Black Circus Deck 7 Aft

Join The Entertainment team for their melodramatic musical murder mystery trivia as you try and solve the crime. Who did it? Lets find out.

### 2PM LE FREAK DANCE CLASS WITH ELLEN & ZSOFIA

Adventure Hotel Deck 7 Midship

### 2PM RADO DISCOVERY TALK

Clifton Watch Store, Deck 7 Midship

Learn about our iconic watch collection.

### 2PM WELLBEING SERIES - WALKING IN COMFORT

Elemis At Sea Deck 15 Forward

Got back pain? Tired of having sore knees or hips? This could be the solution.

### 2.30PM COCKTAIL TASTING\*

Blue Room Deck 7 Aft

Booking on your App or the Blue Room Bar - Limited space

3

PM

### 3PM THE PRICE IS CORRECT

Adventure Hotel Deck 7 Midship

### 3PM FIND YOUR FRAGRANCE WORKSHOP

Beauty Studio, Deck 6, Midship

Learn how to find the fragrance you love!

### 3PM SPORTS: ADULTS BASKETBALL SHOOTOUT CHALLENGE

Deck 18 Basketball Court

### 3PM TEENS' SHUFFLEBOARD TOURNAMENT

Deck 15 Aft Portside

### 3.30PM LIVE MUSIC WITH LARGER THAN LIONS

The Lobby Deck 5 Midship

### 3.30PM AMERICAN WHISKY TASTING\*

Luke's Bar Deck 6 Forward

Booking on your App or in the Luke's Bar - Limited space

### 3.30PM WELLBEING SERIES, CHINESE HERBS FOR WOMEN'S HEALTH

Elemis At Sea Deck 15 Forward

Ease PMS, menopause & more with herbal remedies.





6PM



9PM



11PM

# NIGHTlife

4

PM

## 3.45PM DANCE CLASS: 70'S WORKOUT

Adventure Hotel Deck 7 Midship

## 4PM GAMESHOW: DISCO BINGO

Black Circus Deck 7 Aft

Join your Cruise Director Abbie and her team as they bring back the disco era with a fun game show.

## 4PM SPORTS: ADULTS LAWN BOWLS TOURNAMENT

Deck 15 Aft Portside

## 4PM P&O EDGE SUNSET BRIDGE ROOF WALK\*

Deck 15 Forward

Are you looking for that picture-perfect moment? Book in early for our Bridge Roof Walk activity at Sunset.

(Prebooking Essential at Edge Shop Deck 16)

## 4.15PM GUESS THE 70'S TV & MOVIES

Adventure Hotel Deck 7 Aft

## 4.30PM P&O EDGE SUNSET TITANIC EXPERIENCE\*

Deck 9 Forward

Walk through crew only areas to re-enact the famous scene of the Titanic with your loved one. A great experience which all ages can enjoy!

(Prebooking Essential at Edge Shop Deck 16)

## 4.30PM AGE-WELL SEMINAR - WRINKLE REMEDIES

Elemis At Sea Deck 15 Forward

Learn the latest in cosmetic medical treatments for crease-free faces!

5

PM

## 5PM PILATES\*

Fitness Centre Deck 15 Forward

## 5PM SPORTS: ADULT SHUFFLEBOARD TOURNAMENT

Deck 15 Aft Portside

## 5PM P&O EDGE LASER TAG\*

Altitude Deck 18 Aft

Conquer the Pacific Adventure! Two teams battle it out with our Laser Tag challenge! Visit P&amp;O Edge. (Prebooking Encouraged at Edge shop deck 16)

## 5.15PM EVENING TRIVIA

Adventure Hotel Deck 7 Midship

## 5.15PM LIVE MUSIC WITH SYNTHEORY & DC RHYTHM

Blue Room Deck 7 Aft

## 5.30PM - 7PM BLACK CIRCUS BOX OFFICE\*

Box Office Deck 7 Forward

## 5.30PM OLYMPICS SHOOTING, HOCKEY & DIVING

Big Screen Deck 15 Midship &amp;

Cabin TV on Channel 32 - Special Events (Reception Permitting)

6

PM

## 6PM GUIDED MEDITATION

Fitness Centre Deck 15 Forward

## 6PM DISCOVER ALEXANDRITE, THE COLORED CHANGING GEMSTONE

Clifton Fine Jewellery Deck 7 Midship

Discover the rarest colored changing natural gemstone in the world

## 6PM PASSANGER FUED

Adventure Hotel Deck 7 Midship

7

PM

## 7PM FEATURE SHOW: 8 TRAXS DISCO

Marquee Decks 6 &amp; 7 Forward

Let's dance, let's shout, come shake your booty down to the ultimate 70's disco revue experience, featuring songs from Earth Wind and Fire, Gloria Gaynor, Bee Gees, Tramps and many more, "You Should Be Dancing" in the aisles.

## 7PM 70'S KARAOKE POWER HOUR

Adventure Hotel Deck 7 Midship

8

PM

## 8PM BLANC DE BLANC UNCORKED R18+\*

Black Circus Deck 7 Aft

The show that pops, fizzes and bangs! Come to the place where the champagne sparkles, eyes glimmer and the sensual salacious combine. Blanc de Blanc Uncorked brings the finest cabaret and acrobatic talent from around the world, serving an intoxicating blend of vintage glamour, high end spectacle and titillating acts to infatuate, illuminate &amp; delight. This is a ticket only event and available for purchase from Box Office.

## 8.15PM 70'S ELIMINATION

Adventure Hotel Deck 7 Midship

9

PM

## 9PM FEATURE SHOW: 8 TRAXS DISCO

Marquee Decks 6 &amp; 7 Forward

Let's dance, let's shout, come shake your booty down to the ultimate 70's disco revue experience, featuring songs from Earth Wind and Fire, Gloria Gaynor, Bee Gees, Tramps and many more, "You Should Be Dancing" in the aisles.

## 9PM DISCO DIVAS & FUNKY FELLAS PARTY WARM UP

WITH DJ DISCOLORO

The Lobby Deck 5 Midship

## 9PM MOVIE: SATURDAY NIGHT FEVER (MA15+)(1h 59m)

Big Screen Deck 15 Midship

## 9PM LIVE MUSIC WITH LAMONTAGNE

Adventure Hotel Deck 7 Midship

## 9.15PM LIVE MUSIC WITH NATHAN MANAHAN

Blue Room Deck 7 Aft

## 9.30PM FUNKY FELLAS & DISCO DIVAS PARTY WITH SOUND BLASTERS

The Lobby Deck 5 Midship

10

PM

## 10PM DISCO DIVAS & FUNKY FELLAS PARTY

WITH DJ DISCOLORO

The Lobby Deck 5 Midship

## 10.30PM FUNKY FELLAS & DISCO DIVAS PARTY WITH SOUND BLASTERS

The Lobby Deck 5 Midship

11

PM

## 11PM DISCO DIVAS & FUNKY FELLAS PARTY

WITH DJ DISCOLORO

The Lobby Deck 5 Midship

## 11PM LATE NIGHT PARTY WITH DJ DAN ABSENT (R18+)

Altitude Deck 18 Aft

(Photo ID may be required)

## The MARQUEE

### FEATURE SHOW:

# 8 TRAXS DISCO

7PM &amp; 9PM

MARQUEE | DECKS 6 &amp; 7 FORWARD

## GIG Guide

- **Live Music with Larger than Lions**  
3.30PM - 6.15PM  
The Lobby Deck 5 Midship
- **Live Music with Syntheory & DC Rhythm**  
5.15PM - 9PM  
Blue Room Deck 7 Aft
- **Live Music with LAMONTAGNE**  
9PM - 11.45PM  
Adventure Hotel Deck 7 Midship
- **Live Music with Nathan Manahan**  
9.15PM - 12AM  
Blue Room Deck 7 Aft
- **Funky Fellas & Disco Divas Party with Sound Blasters**  
9.30PM - 10PM  
The Lobby Deck 5 Midship
- **Funky Fellas & Disco Divas Party with Sound Blasters**  
10.30PM - 11PM  
The Lobby Deck 5 Midship



## THE Spa

**Elemis At Sea Deck 15 Forward**  
**Opening Hours: 8AM - 10PM Dial 15222**

### The Perfect Day

75 glorious minutes of relaxation. Includes: Full Body Massage, mini facial, body exfoliation, Foot and Ankle Massage, and Scalp Massage. All for only \$169 (limited space)

### Color Therapy Hair Package

The ultimate hair package: Get 10 highlights/lowlights or a full head of color, Hair treatment, Scalp Massage, Style Cut and Blow-dry, Eye treatment, Sunglow makeup application and a Glass of Bubbly! All for just \$240

## TAX & Duty Free

**Retail Shops Decks 5, 6 & 7: 9AM - 10PM**

### 9AM Pandora Exclusive Ship Charm

Pandora, Deck 7, Midship

Visit instore today to grab your onboard exclusive charm! Can not find anywhere else!

### 8PM Blue Diamond Flash Sale

Clifton Fine Jewellery Deck 7 Midship

Enjoy massive savings with up to 50%! Free prize giveaway.

## THE Casino

### Casino Deck 7 Forward

Unfortunately, due to Australian law, the casino will remain closed while we are in the sheltered harbour of Jervis Bay. We aim to reopen based on our dependent on time this evening.

### IMPORTANT NOTICE TO CASINO PLAYERS

Please visit the Casino Cash Desk from 10.30PM to collect your winnings/funds before the Casino closes this evening as outstanding funds cannot be returned to your onboard account.

## PHOTO Deals

### ImageStudio Deck 7 Aft

**Gallery Hours: 9AM - 10PM**

### Manager's Special

All your photos are now on display in the Imagestudio Deck 7 Aft, come make your final selections, and be sure to ask our friendly staff about the Manager's Special!

### Personalisation Creations

Coffee Mugs, Metal Prints, Photo Blocks, Luggage Tags and much more! Create personalisation items from all your onboard photos!

## FOOD & Beverage



### HIGH TEA AT ANGELO'S

Come for the tea, stay for the memories.

Available on selected sea days between 2.30PM and 3.30PM.

\$39 per person, call 4800 to book

**Bookings  
Essential** Deck 6 midship

## THE Edge

### Deck 16 Midship (Under the Waterslides)

**Edge Opening Hours: 10AM - 6PM**

Visit us at the Edge Shop to purchase your unlock codes for your custom made Flying Fox videos.

### Flying Fox Action Videos

- 1 Video for \$20
- 2 Videos for \$35
- 3 Videos for \$45

## DINING Times \*Charges Apply

### PANTRY DECK 14 AFT

Breakfast: 6.30AM - 10.30AM  
 Lunch: 11.30AM - 2.30PM  
 Sugar Bar: 2.30PM - 4.30PM  
 Kids Dinner: 4.30PM - 5.15PM  
 Dinner: 5.30PM - 9PM

### WATERFRONT DECK 5 MIDSHIP

Breakfast: 7.30AM - 9.30AM  
 Lunch: 12PM - 1.30PM  
 Dinner: 5PM - 9PM  
 (Reservations Recommended)

### ANGELO'S, DECK 6 MIDSHIP

High Tea: 2.30PM\*  
 Dinner: 5PM - 9PM  
 (Reservations Recommended)

### DRAGON LADY, DECK 6 AFT

Yum Cha Lunch: 11.30AM - 1PM\*  
 Dinner: 5PM - 9PM  
 (Reservation Recommended)

### LUKE'S BAR & GRILL DECK 6 FORWARD\*

Lunch: 11.30AM - 1PM  
 Dinner: 5.30PM - 9PM  
 (Reservations Required)

### P&O TRATTORIA DECK 7 AFT\*

Lunch: 11.30AM - 1PM  
 Dinner: 5.30PM - 9PM  
 (Reservations Required)

### P&O PIZZERIA DECK 14 FORWARD\*

12PM till late (Takeaway available)

### LUKE'S BURGER BAR DECK 14 FORWARD\*

12PM till late (Takeaway available)

Reservations can be made from 8AM to 4PM at Dragon Lady restaurant or by dialling 4800 for all restaurants, or the P&O App.  
 Dragon Lady only accessible by using the Aft staircases or lifts from Deck 7.

## Future Cruise

### Destination Desk Deck 5 Midship

**Open: 9AM - 11AM and 4PM - 6PM**

As we embark on our new journey, join us as we celebrate 91 wonderful years and create more P&O memories together. Book your next P&O cruise under the Value Fare and enjoy up to \$300 onboard credit for your future voyage, plus \$49 off on your current bill today by using a \$49pp deposit. This exclusive offer applies to new bookings only. Remember to bring your credit or debit card to secure your deposit.

\* Terms and Conditions Apply